

Effectiveness of cognitive behavioural program in modifying female student's attitudes toward students with Intellectual disability in inclusive schools

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Abstract: The purpose of this study is to identify the effectiveness of cognitive behavioural program in modifying negative attitudes of female students towards their peers with intellectual disability in primary inclusive school in Riyadh, Saudi Arabia. the study used quasi-experimental method, and simple random sample consist of (40) students, randomly distributed. the experimental group was (20) students, and the control group was (20) students, their ages between (9- 12) years, the instruments were: attitude toward disability scale designed by Althebiany [1] cognitive behavioural program designed by the researcher, the program included (12) session, (2) session per week, which applied with experimental group only. T test was used for data analysis.

The results showed statistically significant difference between pre and post measurement favour of post-test of the experimental group's students who have been involved in program sessions, also showed statistically significant difference between experimental and control group favour experimental group.

The results revealed the effectiveness of the cognitive behavioural program in modifying negative attitudes among female students toward their peers with intellectual disabilities in primary integrated schools. several recommendations emerged, the most important is using this program for enhancing attitudes towards students with disabilities in integrated school before applying the integration. **Keywords:** *Behavioural cognitive program, mental retardation, attitudes and inclusive schools.*