The Predictive Ability of Emotional Intelligence in Ego Resiliency Factors OF Female Adolescents in Riyadh

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Abstract: The aim of this study is to reveal the relative contribution of the emotional intelligence to predicting the ego resiliency factors of middle & secondary schools female students in Riyadh, It also intended to find out if there are significant statistic differences in the emotional intelligence relevant to the Age stage . The study sample consists of (505) female students. The researchers used Bar- On Emotional Intelligence Quotient Inventory (translated by Al-jarwan & El- Jendi ,2006) as well as Ego Resiliency factors Scale of Al- Helow & Al- Khateeb(2006). The validity and reliability of both instruments were verified to be applied in Saudi Arabian (KSA) context.

The results of the study showed the level of the Emotional Intelligence among The middle and secondary schools female students in Riyadh was a high. While there are no statistically significant differences in emotional intelligence level due to growth stages in adolescence (early, intermediate and late) towards each of (self-Sufficient , adaptation, Positive impression); Whereas, it is found statistically significant differences toward each of (social competencies, stress management, general mood , the total score of emotional intelligence) in favor of the female students in late adolescence . It also showed at statistically significant positive relationship between emotional intelligence and ego-resilience factors. The Multiple regression analysis results showed that each of (total score of emotional intelligence, general mood and stress management) contributed in statistically significant way in ego-resilience factors explanations.

Key words : predictive ability, emotional intelligence, ego resiliency, female Adolescents